

All Basketball! - Your child will improve their shooting technique, dribbling skills, ball handling skills, passing skills and their understanding of offensive and defensive movement while playing one-on-one and team games! Basic and advanced skills are broken down step by step so all ages can thoroughly understand and improve their technique. In addition, this unique camp addresses the importance of goal setting, developing a course of action, hard work, nutrition and proper exercise. Sign up today!

Volleyball Fanatic! - This camp introduces players to the rules and fundamentals of volleyball while playing exciting team games! Games include everything from "Meteorite Ball" and "Mellon Ball," to "Top Notch" and "Under the Net!" Camp time also focuses on attacking the ball, setting, passing, defense, serving, blocking, self-motivation, discipline and FUN! Get ready for volleyball season now.

# Sign up today! www.SSAprogram.com

Child Reports To Gym Entrance	Mondays at Liberty
Date	Mar. 25 Apr. 8, 15, 22, 29
Grade	K-5
Camp Time	3:00pm — 4:00pm
Price	\$17.80 a week for 5 weeks = \$89 *cash is not accepted*

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### www.SSAprogram.com

(214) 495-1234

Camp registration ends at 8pm the night before camp begins.

Follow us on Instagram and Facebook @ssaprogram





<u>Baseball Skills & Games!</u> - Players will take part in an exciting beginner to intermediate workout and learn the fundamentals to succeed both on and off the baseball diamond! Program time will focus on speed, pitching, hitting, defense/fielding and building character. Sign up today.

**Note:** Children do need to bring a glove to camp.

#### Sign up by logging onto www.SSAprogram.com

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Gym Entrance				
Wednesdays at	Mar. 20, 27	K-5 3:00pm	— 4:00pm	\$89.00
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