**LHS: Monday – Friday 6:30AM – 8:00AM**

* **Available to All Athletes**
* **Please arrive no later than 7:30am**

**FRESHMEN/SOPHOMORES @ Harmon & Killough:**

**HOME CAMPUS OPTION**

**Entrance location - TBA**

**HARMON: 7:00AM – 8:00AM MON, WED, FRI**

**KILLOUGH: 7:30AM – 8:10AM TUES, THURS**

**LHS OPTION: MONDAY - FRIDAY**

**You must be at LHS by 7:15AM so that you can catch the bus by 8:00AM to get you to your campus**

**PLEASE BE AT TREATMENTS EARLY AS THERE WILL NOT BE ANY TARDY PASSES PROVIDED IF YOU SHOW UP LATE.**